



Nasal Saline Irrigation Products

One of the best methods to prevent sinus infections, reduce nasal congestion, minimize nasal allergies and cleanse thick nasal mucus.

Powered Nasal Irrigation Systems



Grossan Hydro Pulse Nasal & Sinus Irrigation System (well built WaterPik specifically for saline irrigation) approximately \$100

Sinus Irrigator Tip (attachment if you already own a WaterPik-trademark of Allegheny Teledyne) \$18

Lavage Bottle (inexpensive and more portable) Breathe-Ease XL \$25

Breathe.Ease XL Solution Packets (mix in 500 cc water) \$17

Hydro Med, Inc, 4419 Van Nuys Blvd., Sherman Oaks, CA 91403. (800) 560-9007

<http://www.hydromedonline.com/>

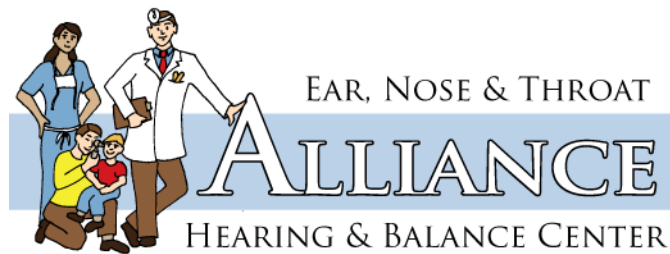


SinuPulse Elite®

FDA Registered, UL and CE Approved Advanced Nasal Sinus Irrigation System - 110V, Model SP100 (approximately \$100)

System includes: 2 Sinus Irrigator Tips, 2 Contoured Throat Irrigator Tips with advanced tongue cleaner and mist spray function, 30 single use packets of SinuAir® formulated saline mix.

<http://www.allergysolution.com/prodinfo.asp?number=4052>



Vicks V1200 Personal Steam Inhaler

The Vicks Personal Steam Inhaler provides a steady flow of warm, moist air directly to the nose and throat for quick relief of nasal, sinus and chest congestion, coughs and parched throat. A five to fifteen minute treatment, two or three times a day, is recommended.

Approximately \$50

<http://www.allergybegone.com/vicks-v1200-personal-steam-inhaler.html>

Passive Nasal Irrigation Systems

Neti Pot (ceramic vessel for irrigating the nose)

original Neti-Pot (video of how to use and purchase)

www.himalayaninstitute.org/Netipot/NetiPotGateway.aspx (video of how to use)



also available at Whole Foods Markets

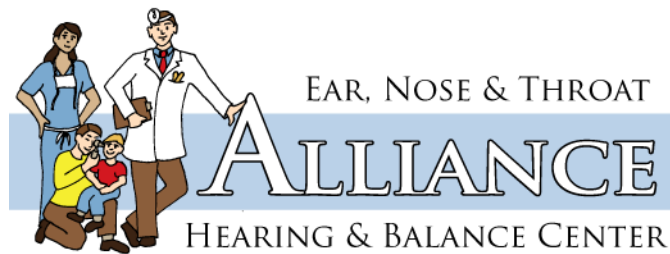
order by phone: [800-822-4547](tel:800-822-4547) (\$15 + \$4 shipping)

netirinse.com (much useful information, some humor)

How to use other irrigation systems www.mayoclinic.com/health/nasal-lavage/MM00552-22k



bulb syringe, available in most pharmacies



ENTsol Packet (mix in 8 oz of water)- box of 10: \$8

ENTsol Adapter (attachment if you already own a WaterPik- trademark of Allegheny Teledyne) \$32

ENTsol refillable bottle \$34

Kenwood Lab, Fairfield, NJ 07004-2402



Nasaline syringe (2 oz syringe with silicone tip) \$17.50

Nasaline salt packets (mix in 8 oz water) box of 50 packets: \$8.50

ENTpro(Swedish company) US distributor: Camexco, Inc (877) 226—3965.

<http://www.nextag.com/NASALINE-Nasal-Irrigation-System-505514522/prices.html>



MADdy the Blowfish (for irrigating a child's nose) \$15

Wolfe Tory, 79 West 4500 South, Suite 16, Salt Lake City, Utah 84107.

(888) 380-9808

<http://www.wolfetory.com/maddy.html>

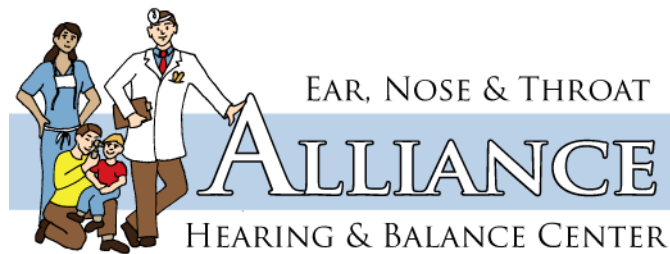


Sinus-Rinse-Rx saline nasal rinse bottle (1 bottle, 3 mixture packets) \$3.50

Sinus Rinse Packets (prepackaged saline/bicarbonate – isotonic and hypertonic mix in 8 oz of water) box of 100 packets: \$10.95

Sinus Rinse Kit (1 bottle, 50 mixture packets) \$10

Neilmed, Retail Sales Dept, 1221 Farmers Lane, Suite 500, Santa Rosa, Ca 95405. (877) 477-8633. www.nasalrinse.com



SaltAire Lavage Bottle (14 oz volume)

buffered, hypertonic saline solution

(888) SinusRx (746-8779)

see *National Allergy website (below)*

General website: <http://www3.nbnet.nb.ca/normap/nasalirrig.htm>

National Allergy http://www.dealtime.com/xDN-Health_Aids--national_allergy_supply-over_the_counter_medicine

Neti Pot



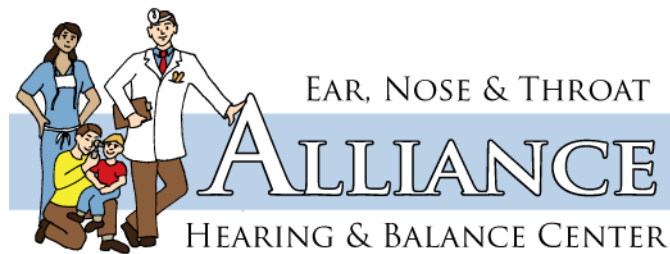
netirinse.com (much useful information, some humor)

Nasal Gels



Ayr nasal saline gel	0.5 oz tube	about \$4
Ayr nasal saline gel No Drip spray	0.75 bottle	about \$8
Ayr nasal saline gel with Aloe	0.5 oz tube	about \$5
NeilMed NasoGel	1 oz tube	about \$5

The advantage of saline gel products are that they last longer than a saline spray.



They help moisturize and sooth dry, sore nasal passages due to low humidity (winter dryness), colds, allergies, CPAP, flying, pregnancy and oxygen therapy. Nasal saline gels are useful in prevention of nose bleeds.

Nasal saline gels may be placed in nostrils with a Q-tip or fingertip as often as wanted.. Use during the day and at bedtime to prevent drying and crusting.

NasoGel is a moisturizing salt gel. It works by soothing and moisturizing dry nasal passages. With Sodium Hyaluronate and Aloe Vera



1 oz. approximately \$5

<http://www.amazon.com/NeilMed-NasoGel-Soothing-Saline>

Ayr Gel



Ingredients: Water, Methyl Gluceth-10, Propylene Glycol, Glycerin, Glyceryl Polymethacrylate, Triethanolamine, Aloe Barbadosis Leaf Juice (Aloe Vera Gel), PEG/PPG-18/18 Dimethicone, Carbomer, Poloxamer 184, Sodium Chloride, Xanthan Gum, Diazolidinyl Urea, Methylparaben, Propylparaben, Glycine Soja (Soybean) Oil, Geranium Maculatum Oil, Tocopheryl Acetate, Blue 1.

0.5 OZ approximately \$5

Entsol Hypertonic Nasal Saline Gel with aloe and vitamin E



Ingredients: Water Purified, Propylene Glycol, Aloe, Glycerin, Dimethicone Copolyol, Poloxamer 184, Methyl Gluceth 10, Triethanolamine, Carbomer, Sodium Chloride, Vitamin E, Disodium EDTA, Xanthan Gum, Benzalkonium Chloride

20 grams approximately \$8

NeilMed NasoGEL spray



Ingredients include: Sodium Chloride, Sodium Bicarbonate, Glycerin, Sodium Hyaluronate 1%, Aloe Vera, Allontoin, Carboxymethylcellulose, Propylene Glycol, Purified Water, Methylparaben and Propylparaben

45 ml spray approximately \$11

Ayr Saline Nasal Gel Spray



One spray each nostril

Ingredients: Water, Sodium Carbomethyl Starch, Propylene Glycol, Glycerin, Aloe Barbadensis Leaf Juice (Aloe Vera Gel), Sodium Chloride, Cetyl Pyridinium Chloride, Citric Acid, Disodium EDTA, Glycine Soja (Soybean Oil), Tocopheryl Acetate, Benzyl Alcohol, Benzalkonium Chloride, Geranium Maculatum Oil

.75 fl oz

approximately \$8

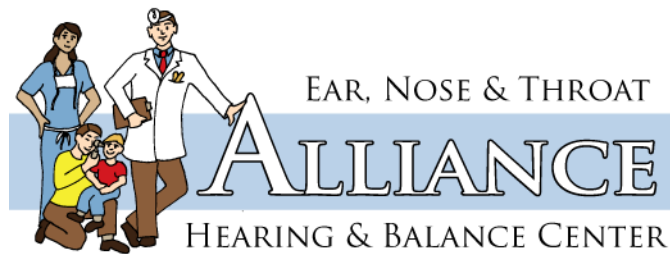
bfascher.com (some samples available)

Nasal Saline Spray

Simply Saline Nasal with Aloe	0.5 oz spray	about \$5
NozAmi	10 ml spray	about \$12
Naturade Nasal Spray Saline & Aloe	1.5 fl oz	about \$10
Ayr nasal saline spray		
Breathe Again		

nasal saline gel, nasal saline spray, etc: (913) 888-1880 email:

Ayr nasal saline gel products bfascher.com (some samples available)



Isotonic saline nonprescription nasal sprays

Useful for moisturizing the nose.

Many nonprescription products are available.

Common commercial product names: Ocean®, Ayr® and Entsol®

Cost should be less than \$10.

Some products have unique delivery systems

NeilMed Nasal Mist



Hypertonic saltwater spray

Breathe Again

– hypertonic saltwater spray (no preservatives) – a natural decongestant

a natural decongestant with no preservatives

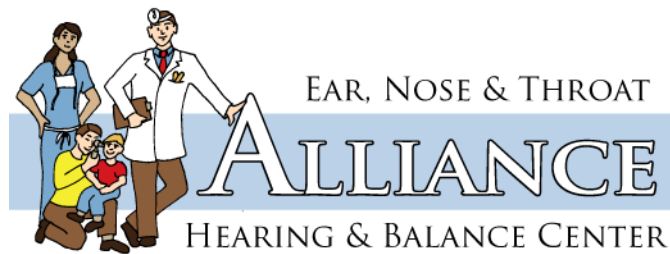
sinomarin.net



Entsol Buffered hypertonic saline nasal spray

- drug-free, natural





Saline nasal sprays with additives



NozAmi

NozAmi consists of 100% pure, odorless, pharmaceutical-grade **Sesame oil**.

DO NOT USE THIS PRODUCT IF YOU ARE ALLERGIC OR HYPERSENSITIVE TO SESAME PRODUCTS.

In randomized crossover studies, the relief of nasal mucosa dryness and its associated discomforts were 3-4 times greater with sesame oil than with isotonic saline solution.

The nose's natural transport mechanism distributes a thin film of sesame oil with its natural antibacterial, antifungal, antiviral and anti-inflammatory components throughout the nasal cavity. Although the full therapeutic effect is generally achieved in 4-7 days, an initial level of soothing relief from dry, crusty, irritated mucosa can be felt almost immediately. Daily use over a period of 7-14 days permits the natural moisture balance of your nasal cavity to re-establish itself.

www.nozami.com

Naturade Nasal Spray Saline & Aloe

