



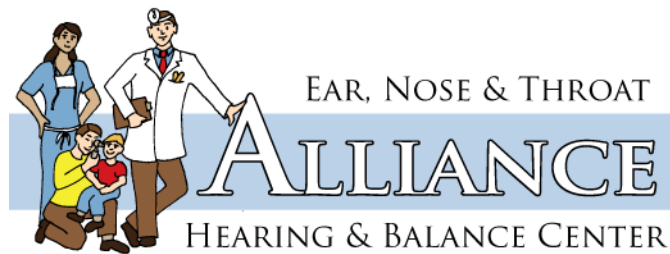
## Avoid Bleeding Complications during and after surgery

If you are planning any type of surgery, please inform the surgical coordinator, your doctor or leave a message with the triage nurse, if you are taking

- **clopidogrel (Plavix)**
- **warfarin (Coumadin)**
- **heparin**
- **aspirin, ibuprofen (Motrin and others) or any pain reliever** –other than Tylenol (review carefully the list below)

Or if you can answer “yes” to any of the following questions:

- Do you have a blood relative who has a bleeding disorder, such as von Willebrand disease or hemophilia?
- Have you ever had prolonged bleeding from trivial wound, lasting more than 15 minutes or recurring spontaneously during the seven days after the wound?
- Have you ever had heavy, prolonged or recurring bleeding after surgical procedures?
- Have you ever had bruising, with minimal or no apparent trauma, and could you feel a lump under the bruise?
- Have you ever had anemia requiring treatment or have you ever received a blood transfusion?
- Have you ever had a spontaneous nosebleed that required more than 10 minutes to stop or needed medical attention?
- Have you ever had heavy, prolonged or recurrent bleeding- severe enough to require medical attention- after a dental extraction (tooth removal)?
- Have you ever had blood in your stool, unexplained by a specific lesion (such as an ulcer in the stomach or a polyp in the colon) that required medical attention?
- For women – Have you ever had heavy menses, characterized by clots greater than an inch in diameter and/or by needing to change a pad or tampon more than hourly, or resulting in anemia or low iron level?



## Nonprescription medicines that can cause excess bleeding and bruising

Aspirin, ibuprofen and other related nonsteroidal anti-inflammatory drugs (NSAID) affect your ability to stop bleeding.

This is a list of medicines that contain aspirin and NSAID as an ingredient. They are used in many products used for headaches, arthritis pain and pain relievers.

These products have an effect that may last 1-2 weeks after even a small dose!

Avoid these medicines for at least ten (10) days before surgery.

You may substitute Tylenol (acetaminophen) for controlling your pain.

## Medications to avoid

**THIS IS A LIST OF MEDICATIONS CONTAINING ASPIRIN, SALICYLATES OR NON-STEROIDAL ANTI-INFLAMMATORY DRUGS.** ALL OF THESE MEDICATIONS MAY INCREASE THE RISK OF BLEEDING DURING AND AFTER SURGERY. THE EFFECT OF ONE PILL CAN LAST UP TO TWO WEEKS.

**DO NOT TAKE ANY MEDICATION ON THIS LIST FOR AT LEAST TEN (10) DAYS BEFORE YOUR SURGERY.**

Aches-N-Pain

**Alka-Seltzer (Plus Cold)**

**Anaprox**

Ansaid

Arthritis Pain Formula

Ascriptin (A/D)

Asperbuf

AspergumAspermin

**ASPIRIN** (including" BABY")

Aspirin w/ Codeine Phosphage Tablets # 2,3,4

Aspir-Phen

Azdone Tablets

A.S.A. Enseals

**BAYER ASPIRIN**

Buffaprin

Buffex

Buf-Tabs

B-A-C Tablets

Cama Inlay-Tab

Cefinal Tab

Clinotil Codoxy

Codral

COPE

Coricidin Tablets

Damasone (-P)

Darvon-N with A.S.A.

Diagesic

Doan's Pills

Doloral Tab

Action Cold Med.

Aluprin

Anexsia-D with Codeine

Artha-G

Arthritis Strength BC Powder

Ascriptin with Codeine

Aspercin

Aspermin Extra

Aspirin Plus

Aspirjen

Asproject

Azolid

A.S.A. Prep

Bexophene

**BUFFERIN** (With Codeine)

Buffinol Tab

Butalbital Compound

B-A-C3

Capathyn

Choline Salicylate

CoAdvil

Congespirin

Coralasone

Coricidin "D" Decongestant

Darvon Compound

Dasin

Doclofenac

Dolene Compound-65

Dresalin

**ADVIL**

Anacin Analgesic Capsules

Anodynos

Arthritis Bayer Timed-Release

Arthropan

Asmatex

Aspercin Extra

Aspirbar

Aspirin Uniserts

AspirTab

Axotal

A.P.C. Preparations

A/D Caplets

Brogescic

Buffets II

Buff-A Comp

Butazolidin

Cama Arthritis Reliever

Carisoprodol Compound

Choline & Magnesium Salicylates

Codalan No. 1,2,3

**Contac**

Coricidin Demilets

Cosprin CP-2

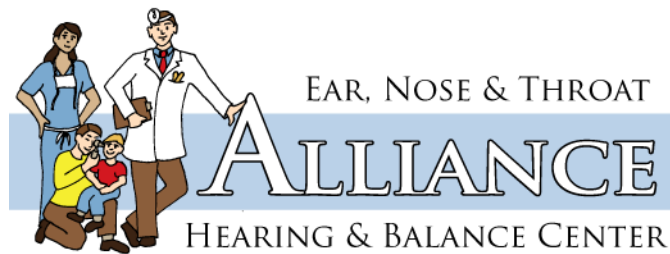
Darvon with A.S.A.

Demnisyn

Disalcid

Dolobid

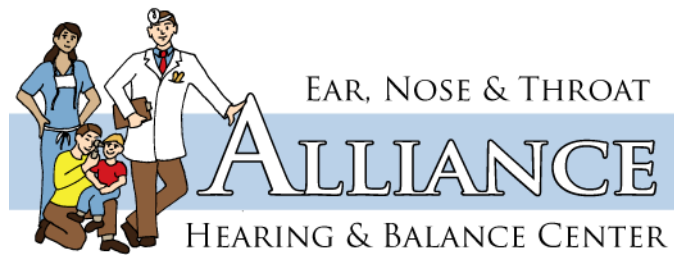
Duoplant Gel



Duradyne  
 Ecotrin Enteric Coated Aspirin  
 Eight-Hour Bayer Caplets  
 EnTab-650 Tablets Entrophen  
 Etodolac  
**FELDENE**  
 Fiogen  
 Fortabs  
 Genpril  
 Haltran  
 Histadyl EC  
 Ibuprin  
 Ibu-tab  
**Indomethacin**  
 Lanorinal  
 Lortab ASA Tablets  
 Magsal  
 Mamal Tab  
 Meclofenate  
 Mediprin  
 Meprobanate and Aspirin  
 Mepro-Analgesic  
 Mobidin  
 Momentum Muscular Backache Formula  
 MS-650  
**NAPROXEN**  
 Orphengesic (Forte)  
 Oxycodone with Aspirin  
 Pabalat Enteric  
 Painburst – RII Cream (Salicylate 17%)  
 Panalgesic  
**PEPTO-BISMOL TABS**  
 Persistin  
 Piroxicam  
 Propoxyphene HCA/Aspirin Caffeine Capsules  
 Rexolate  
 Rhinogesic  
 Rotense  
 Rufen  
 Salatin  
 Salibar Jr.  
 Salphenyl  
 Scot-Tussin Original  
 SK-Oxycodone with Aspirin  
 Sodium Thiosalicylate  
 Stanback  
 Synalgos(-DC) Capsules  
 Tolectin  
 Trendar  
 Trigesic  
 Tri-Pain  
 Tussirex (dye-free & sugar-free)  
 Urisinus  
 Valesin  
 Wesprin Buffered

Durasal  
**Ecotrin** Tablets  
 Emagrin  
 Epromate  
**EXCEDRIN**  
 Fenoprofen  
**FLORINAL** (with Codeine)  
 Gelpirin Tablets  
 Gensan  
 Hiprin  
 Hycy-Pap  
**IBUPROFEN**  
 Indameth  
 Ketoprofen  
 Liquiprin  
 Magan  
 Major-cin  
 Measurin  
 Meclofenamaye  
 Mefahamic Acid  
 Meprogasic Q  
 Micrainin  
 Mobigesic  
 Mono-Gesic Tablets  
 Nalfro  
 Norgesic Forte Tabs  
 Orudi  
 Oxyphenbutazone  
 Pabalate SF Enteric  
 Palgesic  
 PC Powder  
 Percodan Tablets  
 Phenaphen  
 Ponstel  
 Propoxyplane Compound  
 Rhine-D-Lay  
 Rid-A-Pain  
 Rowasa  
 S-A-C  
 Saleto  
 Salicylamide  
 Salsalate  
 Sedalgexic  
 Sloprin  
 Sodol Comp. Tabs  
 Sulindac  
 Talwin Compound Caplets  
 Tolmetin  
 Tri-Buffered Bufferin, Arthritis  
 Trilisate  
 Tusal  
 Uracel  
 Vanquish Caplets  
 Verins  
 Zoprin

Easprin  
 Efficin  
 Empirin (with Codeine)  
 Equazine-M  
 4-Way Cold Tablets  
 Fiogesic Tablets  
 Flurbiprofen  
 Gemnisyn  
 Goody's Headache Powder  
 Histadyl and A.S.A.  
 Isollyl  
 Ibuprohm  
**Indocin**  
 Ketorolac  
 Lodine  
 Magnaprin Magnesium Salicylate  
 Maprin  
 Meclodurin  
 Meclomen  
 Mepro Compound  
 Meprocabamol and Aspirin  
 Midol  
 Modurette  
**MOTRIN** (Ibuprofen)  
**NAPROSYN**  
**NUPRIN** (Ibuprofen)  
 Orudis  
 P-A-C  
 PAIN RELIEVER TABS  
 Pamprin IB  
 Padiaprofen  
 Percudan-Demi Tablets  
 Pnenetron Compound  
 Presalin  
 Quiet World  
 Rhinocaps  
 Robaxisal Tablets  
 Roxiprin Tablets  
 Salagen  
 Salflex  
 Salocol  
 Salsitab  
**SINE-OFF SINUS MED**  
 Sodium Salicylate  
 Soma Compound (with codeine)  
 Supac  
 Tenol-Plus  
 Toradol  
 Triaminicin Tablets  
 Trisalicylaste  
 Tussanil DH  
 Uromide  
 Valdeine Tablets  
**Voltaren**



## Supplements

To minimize bleeding during surgery and bruising afterwards, for one week before any surgery, avoid...

- alcohol
- chondroitin
- Echinacea
- ephedra
- garlic
- ginger
- ginkgo biloba
- ginseng
- glucosamine
- goldenseal
- kava
- milk thistle
- niacin
- saw palmetto
- St. John's Wort
- vitamin E (high doses by mouth)

Avoid these natural products (which act as sedatives) 5 days before surgery because they might prolong the effects of general anesthesia.

kava  
St. John's wort  
valerian